My Universe of Possibilities

Date: ________________

My Goals
1. ________________
2. ________________
3. ________________

My Activities

My People

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[ ] [ ] [ ]
[ ] [ ] [ ]
[ ] [ ] [ ]

Names of people in my inner circle

Names of people in my middle circle

Names of people in my outer circle

My Values

1. ________________
2. ________________
3. ________________
4. ________________
5. ________________

My Activities

My Resources

What Success Means to Me

Excerpt from The Deliberate Doctorate: A Values-Focused Journey to Your PhD, by Leela Viswanathan
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